

BELLEVUE COLLEGE

STUDENT ATHLETE HANDBOOK



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Men's Sports

Baseball

Basketball

Golf

Soccer

Tennis

Women's Sports

Basketball

Golf

Soccer

Softball

Tennis

Volleyball

WELCOME FROM THE ATHLETIC DIRECTOR

Welcome to Bellevue College! We congratulate you on your decision to attend Bellevue College and become a member of our Bulldog family! We have a great history at Bellevue and look forward to your contributions to our future.

We have developed this handbook to provide you with basic information that will help make your transition to Bellevue and the NWAC successful. Please use this handbook as a source of reference throughout your stay at Bellevue. The contents will provide you with many answers.

It is our goal that every student athlete has a positive experience while attending Bellevue College. Our athletic programs provide many valuable lessons and we hope that all of our student athletes will have experiences that enrich their lives well beyond their years at Bellevue.

It is a privilege and not a right to represent and be members of an intercollegiate athletic team at Bellevue College. Student athletes are a vital member of the college campus and is expected to demonstrate good sportsmanship, strong communication skills, honesty, and integrity. You are front and center representative of BC on the courts/fields and when traveling throughout the Northwest. Each student athlete also must abide by all applicable laws, ordinances, rules, regulations, policies and/or procedures, whether federal, state, local, college, departmental, team, conference, or NWAC.

Our coaches, the athletics staff, campus community and I are all here to help you in any way we can. Please don't hesitate to contact us with your questions or concerns.

Best wishes and good luck during your season and throughout your academic and athletic career at Bellevue College.



Jeremy Eggers
BC Athletic Director

ATHLETICS STAFF DIRECTORY

NAME	POSITION	PHONE	EMAIL
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Administration

Jeremy Eggers	Athletic Director	(425) 564-2193	jeremy.eggers@bellevuecollege.edu
Mark Yoshino	Asst. Athletic Director	(425) 564-2356	mark.yoshino@bellevuecollege.edu
Angela D'Amelio	Program Coordinator	(425) 564-2396	angela.damelio@bellevuecollege.edu
Marcus Fermon	Ath. Ops. Manager	(425) 564-1367	marcus.fermon@bellevuecollege.edu
David Olson	Ath. Ops. Supervisor	(206) 947-2674	david.olson@bellevuecollege.edu
Teresa Descher	Academic Advisor	(425) 564-1367	tdescher@bellevuecollege.edu

Baseball

Mark Yoshino	Co-Head Coach	(425) 564-2356	mark.yoshino@bellevuecollege.edu
David Olson	Co-Head Coach	(206) 947-2674	david.olson@bellevuecollege.edu

Men's Basketball

Marcus Fermon	Head Coach	(425) 564-1367	marcus.fermon@bellevuecollege.edu
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Women's Basketball

Mel Stubblefield	Head Coach	(425) 564-2398	mel.stubblefield@bellevuecollege.edu
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Men's and Women's Golf

Brian Pan	Head Coach	(509) 330-1866	brian.pan@bellevuecollege.edu
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Men's Soccer

John Buttle	Head Coach	(425) 343-9400	john.buttle@bellevuecollege.edu
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Women's Soccer

Richard Romain-Dika	Head Coach	(425) 564-3124	rromain@bellevuecollege.edu
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Softball

Annie Lockwood	Head Coach	(602) 363-0767	annie.lockwood@bellevuecollege.edu
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Men's and Women's Tennis

Micah Perron	Head Coach	(360) 480-5414	micah.perron@bellevuecollege.edu
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Volleyball

Jocelyn Lawrence	Head Coach	(425) 564-2031	jocelyn.lawrence@bellevuecollege.edu
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Athletic Commissioners

Jeremy Eggers	Men's Commissioner	(425) 564-2193	jeremy.eggers@bellevuecollege.edu
Jocelyn Lawrence	Women's Commissioner	(425) 564-2031	jocelyn.lawrence@bellevuecollege.edu

Mailing address: Bellevue College Athletics **General Email:** athletics@bellevuecollege.edu
 3000 Landerholm Circle S.E., Mailstop G100
 Bellevue, WA 98007-6484 www.bellevuecollege.edu/athletics

DEPARTMENT MISSION STATEMENT

MISSION

The mission of the Bellevue College intercollegiate athletics is to support the college's mission by inspiring academic and athletic excellence in student-athletes by providing an environment to support student-athletes to achieve their highest academic, athletic and personal goals.

GOALS

Enhance student retention and graduation rates to afford student-athletes the opportunity to transfer to four-year institutions
Maintain full rosters of teams to assure competitiveness within the NWAC and ongoing revenue for Bellevue College.

EQUAL OPPORTUNITY STATEMENT

Bellevue College does not discriminate on the basis of race, color, national origin, language, ethnicity, religion, veteran status, sex, sexual orientation, including gender identity or expression, disability, or age in its programs and activities. Please see policy 4150 at www.bellevuecollege.edu/policies/. The following people have been designated to handle inquiries regarding non-discrimination policies: Title IX Coordinator, [425-564-2641](tel:425-564-2641),



ATHLETIC ELIGIBILITY

It is the responsibility of each STUDENT ATHLETE to familiarize themselves with the following rules of eligibility.

1. You must be a high school graduate or the class of which you were a member has graduated.
2. You shall be officially enrolled in a minimum of 12 quarter credit hours at BC during the sport season in which you participate.
3. You shall have earned a minimum of 10 quarter credit hours or the equivalent during your last quarter or semester of enrollment at any post-secondary institution.
4. If your cumulative or quarterly GPA falls below 2.0 you may be placed on academic probation.
5. 2nd year student athletes must have at least 36 credits and a 2.0 gpa or higher to be eligible for a 2nd year of participation.
6. You may not participate in one sport more than two seasons.
7. You may participate in two different sports in the same school year.
8. You must be registered within 20 days from the beginning of the quarter.
9. Any time you participate in an officially scheduled game, match or contest, you will be charged with one year of eligibility in that sport at the NWAC level. A scrimmage could count as an official year of eligibility at NCAA or NAIA, but not for NWAC purposes.
- 10. You may be declared ineligible if during the sport season you practice, workout, or play in a game with any club, organization or team other than your college team.**
11. During your season of participation, if at any time your enrollment drops below 12 credits, you become INELIGIBLE IMMEDIATELY. ****NEVER**** Withdraw from a course without first talking to your coach.

FINANCIAL AID

In addition to federal or state financial aid, student-athletes may be eligible for one or more of the three types of financial awards coaches may provide to student-athletes:

- * Scholarships (referred to as grants-in-aid by NWAC) - these are funded through the BC Athletic Department
- * Waivers - this is a tuition/fee amount waived by BC
- * Athletic employment

The head coach of each sport determines athletic financial assistance for their respective student-athletes. The BC Financial Aid office is responsible for maintaining and monitoring financial aid records.

Athletic Scholarships and Waivers

To receive athletic aid and remain eligible for it, the student-athlete must be registered as a full-time student (minimum 12 credit hours) *and* maintain a cumulative 2.00 GPA. The maximum amount that can be awarded shall not be more than the maximum allowed by NWAC.

* Athletic financial assistance is awarded for one year *provided* that at all times the student-athlete remains academically eligible and meets eligibility requirements of BC.

**** If a student-athlete fails to earn a minimum of 10 credit hours and the cumulative GPA drops below 2.00 in any quarter:***

*The student-athlete will be placed on probationary status for the next quarter, and may be required to reimburse any athletic scholarship awarded during the quarter the cumulative GPA dropped below 2.00.

**** Athletic scholarships will not be provided during the probationary quarter .***

* Reinstatement of athletic scholarships will be contingent upon the student-athlete meeting the 10 credits/2.00 cumulative GPA requirement by the end of the probationary quarter.

* The head coach will clearly communicate any scholarship renewals, reductions or withdrawals with each such student-athlete immediately following the end of the season or at any time such changes are to be made.

* International students are eligible for athletic scholarships but not the waiver.

Scholarships and Waivers can only be awarded for 3 of the 4 quarters.

[Refer to www.bellevuecollege.edu/fa/youraid/sap/ for information on financial aid satisfactory academic progress.](http://www.bellevuecollege.edu/fa/youraid/sap/)

FINANCIAL AID cont.

Outside Scholarships

* Scholarships received from sources outside of Bellevue College should be handled directly between the student-athlete and Financial Aid, not the Program Coordinator.

* Scholarships are available through the BC Foundation. Application can be found at www.bellevuecollege.edu/foundation/scholarships/

Athletic Employment

Student-athletes may be awarded athletic employment according to the availability of funds. The maximum allowed to earn is \$3000 per year. The maximum average number of hours that a student-athlete can work during a week is 19 hours. BC participates in several governmental programs which restrict the maximum hours worked.

- All student-athlete employment is to be performed on campus as assigned and supervised by college employees.
- The hours stated on the time sheets and acknowledged by the student and supervisor must be the actual hours worked. Federal legislation provides a stiff penalty for falsifying time sheets.

TRAVEL POLICY

Student-athletes are expected to travel with their respective teams via college-authorized vehicles to and from all off-campus intercollegiate athletic events. Team transportation, meals and lodging are provided by the college during travel.

Student-athletes are expected to be aware of, and accept the responsibility of, representing BC and adhere to the following as relates to travel:

- Instructors shall be informed prior to the trip, and all efforts shall be made to assure assignments are complete.
- Be on time at scheduled departure times and locations.
- All members are to eat at the designated time and place unless otherwise excused by the coach.
- Curfews as directed by the coach are to be strictly obeyed.
- Pay any personal expenses during overnight stays.

If a student-athlete wants to provide his or her own transportation to an off-campus athletic event or travel with his or her parents or legal guardian, permission must first be secured from the head coach who will communicate that information to the athletics office prior to travel.

PHYSICALS & INSURANCE

NWAC requires all athletes to have a physical exam (prior to the first practice) before turning out for a sport and be cleared for intercollegiate athletic participation. The physical is valid for 24 consecutive months from the date of the exam. All incoming freshmen must have a physical after July 1st of their incoming year.

- BC student-athletes are covered by a group policy provided by the State of Washington and the NWAC. This plan is provided at NO COST to student-athletes, managers and athletic trainers.
- The plan covers student-athletes participating in intercollegiate athletics, games and practices, and travel to and from the athletic event under college supervision.
- If you or your family has medical insurance coverage, that insurance is considered the primary coverage. This means that bills are submitted to your insurance first, then to the athletic insurance. If you do not have other accidental injury coverage, then the sports injury insurance will be your primary coverage.
- This insurance does not cover ordinary health care needs, for example, colds, flu, shots, etc. Unless you have full coverage under your family's policy, you may wish to get other student insurance that is available on campus. Contact the BC cashier's office for information.
- There is a \$500 deductible per injury. After the deductible has been met, benefits are payable for medical expenses beginning within 90 days from the injury date and incurred within a 104-week period from the date of accident, up to a maximum of \$25,000.

For other specifics regarding athletic injury coverage benefits, exclusions and limitations, please contact Angela D'Amelio, program coordinator (contact info on Athletic Staff Directory pg 2).



TITLE IX

Title IX of the Education Amendments of 1972 (20 U.S.C. § 1681) is an all-encompassing federal law that prohibits gender- and sex-based discrimination in educational programs that receive federal funds. Title IX is most commonly associated with gender discrimination in sports and is credited with advancing participation of women in athletics. However, the scope of Title IX is much more broad. It prohibits sex- and gender-based discrimination in all college programs and activities.

Title IX protection from discrimination extends to faculty, staff and students. It covers a wide array of sex- and gender-based discrimination, including such things as: sexual harassment, dating violence, domestic violence, stalking, gender-identity, gender-expression, and pregnancy. It also prohibits retaliation against anyone who makes or participates in a complaint.

Bellevue College Athletics coaches and staff are responsible for helping create a safe learning and athletic environment on the campus for all student-athletes. It is the Athletics Department's goal that you feel able to share information related to your life experiences in the classroom and while being a student-athlete. The staff and coaches will keep the information you share private to the greatest extent possible. However, they are required to share with the Title IX Coordinator all information regarding sexual assault and other forms of sexual misconduct (e.g., relationship violence, stalking, sexual harassment) that may have occurred on-campus or that impacts someone on campus.

Students can report concerns online at: www.bellevuecollege.edu/reportconcerns/ or directly with the Title IX staff:

Rachel Wellman - rachel.wellman@bellevuecollege.edu work cell: 425-389-5497

Jill Powell-Szep - jill.powell@bellevuecollege.edu work cell: 425-389-5520

More information can be found at Title IX (<http://www.bellevuecollege.edu/titleix/>). If a student would like to speak to someone confidentially, they can contact the BC Counseling Center at 425.564.2212.

STUDENT CONDUCT CODE

The college expects students and other members of our campus to use their rights and freedom responsibly. The Student Conduct Code of Bellevue College (WAC 132H-126) outlines student rights and responsibilities in the Bellevue College community. These rights and responsibilities include due process rights, prohibited conduct, appeal routes, and behavior expectations.

Student Misconduct

The Student Conduct Code applies to all Bellevue College students, both on and off campus. The following are some examples some behaviors that are prohibited by the Student Conduct Code:

Cheating, Plagiarism, Assault, Bullying, Alcohol, Marijuana, Drugs, Cyber misconduct, Discriminatory conduct, Disruption, Ethical violation, Failure to comply, Harassment, Hazing, Other dishonesty, Safety violations, Sexual misconduct (Title IX), Unauthorized access, Weapons.

Student Misconduct

Bellevue College prohibits hazing (WAC 132H-126, BC Policy 2100 Hazing). Washington State law RCW 9A.20.021 also prohibits hazing. Hazing can happen during someone's recruitment, initiation, or admission into a student organization, athletic team, or other group. It can cause physical harm, and/or serious psychological or emotional harm. It does not matter if a person willingly agrees to engage in hazing.

Possible Sanctions (Outcomes)

Disciplinary warning, Written reprimand, Disciplinary probation, Disciplinary suspension, Dismissal, Housing suspension or dismissal, Not in good standing (can't represent BC), Referrals/assessment, Restitutuin, Other conditions.

Report a Concern

Creating and sustaining a safe, inclusive community requires everyone's help and commitment. Students, staff and faculty are encouraged to report a concern online at www.bellevuecollege.edu/reportconcerns/. Individuals may also contact Student Conduct to discuss concerns. Additional resources include the CARE Team, Public Safety, and the Office of Title IX.

STUDENT CONDUCT CODE con't.

Resources

- * www.bellevuecollege.edu/reportconcerns/
- * www.bellevuecollege.edu/studentconduct/
- * www.bellevuecollege.edu/CARETeam/
- * www.bellevuecollege.edu/publicsafety/
- * www.bellevuecollege.edu/hazing/

SUMMARY

The information contained in this handbook is not intended to be all inclusive. Departmental codes related to a student-athlete's violation of college policy shall be secondary to college policy unless the nature of the violation is such that immediate action is necessary. In such instances, the Department may choose to enforce Athletic suspension from a game or games, temporary or permanent suspension from the team.

